

## TEMPI LIMITE DEI QUADRI PER LA STAGIONE 2023/2024

- I tempi limite devono essere ottenuti in vasca lunga nella stagione 2022/2023 nel periodo 01.09.2022 – 06.08.2023 in vasca lunga (50m) e devono figurare nella classifica ufficiale di von Swiss Aquatics Swimming (<https://www.swiss-aquatics.ch/Leistungssport/Swimming/Swimrankings-Swimstats>).
  - il tempo limite deve essere raggiunto o superato
- Gli anni di nascita indicati valgono per la composizione dei quadri per la stagione 2023/2024.

Nationalmannschaftsmitelime 2023/2024 (zu schwimmen in Saison 2022/023)								
Disziplin	Damen							
	Elitekader				Nachwuchskader			
	2003+älter	2004	2005	2006	2007	2008	2009	2010
50 FR	0:25,28	0:25,49	0:25,74	0:26,07	0:26,50	0:26,93	0:27,44	0:28,12
100 FR	0:54,95	0:55,40	0:55,95	0:56,67	0:57,60	0:58,52	0:59,63	1:01,12
200 FR	2:00,18	2:01,07	2:02,18	2:03,61	2:05,46	2:07,46	2:09,88	2:13,13
400 FR	4:16,24	4:18,02	4:20,21	4:23,03	4:26,68	4:30,95	4:36,10	4:43,00
800 FR	8:56,37	8:57,84	8:59,67	9:02,01	9:05,04	9:13,76	9:24,29	9:38,39
1500 FR	16:40,71	16:48,75	16:58,69	17:11,46	17:28,02	17:44,79		
50 BA	0:27,98	0:28,33	0:28,77	0:29,33	0:30,06	0:30,54		
100 BA	1:01,02	1:01,61	1:02,34	1:03,29	1:04,51	1:05,54	1:06,79	1:08,46
200 BA	2:14,63	2:15,71	2:17,04	2:18,74	2:20,96	2:23,21	2:25,94	2:29,58
50 BR	0:30,78	0:31,11	0:31,52	0:32,04	0:32,72	0:33,25		
100 BR	1:07,99	1:08,68	1:09,54	1:10,64	1:12,06	1:13,21	1:14,60	1:16,47
200 BR	2:28,29	2:29,57	2:31,15	2:33,19	2:35,83	2:38,32	2:41,33	2:45,36
50 BU	0:26,11	0:26,41	0:26,79	0:27,27	0:27,90	0:28,35		
100 BU	0:59,52	0:59,98	1:00,54	1:01,26	1:02,20	1:03,20	1:04,40	1:06,01
200 BU	2:13,50	2:14,43	2:15,57	2:17,05	2:18,96	2:21,18	2:23,86	2:27,46
200 IM	2:14,63	2:15,87	2:17,41	2:19,39	2:21,95	2:24,22	2:26,96	2:30,63
400 IM	4:49,83	4:52,31	4:55,37	4:59,31	5:04,42	5:09,29	5:15,17	5:23,05

Nationalmannschaftsmitelime 2023/2024 (zu schwimmen in Saison 2022/023)								
Disziplin	Herren							
	Elitekader				Nachwuchskader			
	2002+älter	2003	2004	2005	2006	2007	2008	2009
50 FR	0:22,36	0:22,54	0:22,77	0:23,07	0:23,46	0:23,83	0:24,28	0:24,89
100 FR	0:49,01	0:49,42	0:49,94	0:50,60	0:51,47	0:52,29	0:53,28	0:54,62
200 FR	1:48,66	1:49,44	1:50,40	1:51,64	1:53,24	1:55,05	1:57,24	2:00,17
400 FR	3:50,70	3:52,38	3:54,47	3:57,15	4:00,62	4:04,47	4:09,12	4:15,35
800 FR	7:57,75	8:02,35	8:08,03	8:15,33	8:24,79	8:32,87		
1500 FR	15:29,52	15:36,91	15:46,04	15:57,78	16:12,99	16:28,56	16:47,34	17:12,52
50 BA	0:24,99	0:25,26	0:25,59	0:26,02	0:26,58	0:27,00		
100 BA	0:54,61	0:55,11	0:55,72	0:56,50	0:57,52	0:58,44	0:59,55	1:01,04
200 BA	1:59,46	2:00,44	2:01,65	2:03,20	2:05,21	2:07,22	2:09,63	2:12,87
50 BR	0:27,17	0:27,49	0:27,89	0:28,40	0:29,06	0:29,53		
100 BR	1:00,41	1:01,07	1:01,88	1:02,93	1:04,29	1:05,32	1:06,56	1:08,22
200 BR	2:12,30	2:13,63	2:15,28	2:17,39	2:20,14	2:22,38	2:25,08	2:28,71
50 BU	0:23,38	0:23,65	0:23,97	0:24,38	0:24,92	0:25,32		
100 BU	0:52,52	0:53,00	0:53,59	0:54,36	0:55,34	0:56,23	0:57,30	0:58,73
200 BU	1:58,37	1:59,43	2:00,74	2:02,42	2:04,60	2:06,60	2:09,00	2:12,23
200 IM	2:00,84	2:01,88	2:03,16	2:04,81	2:06,94	2:08,97	2:11,43	2:14,71
400 IM	4:21,25	4:23,63	4:26,56	4:30,33	4:35,22	4:39,63	4:44,94	4:52,06